

# Ministry of National Health Services, Regulations and Coordination Field Epidemiology and Disease Surveillance Division (FEDSD), National Institute of Health (NIH), Islamabad



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#### Daily Situation Report - Pakistan COVID-19 March 21, 2020 13,911 **Data Table** Travelers Screened at Points of Suspected cases at Entry in last 24 hours Lab Update **Hospital Update** hospitals Cumulative travelers Screened 1,063,193 Province/ New Cumulative Cumulative Region Suspected at Points of Entry 186 (last 24 Cumulative tests Test positive Still admitted Discharged Expired Call Records (n) Returnees performed Returnees hrs) cases ICT 0 171 q 34 325 11 from China from Iran Punjab 196 894 96 96 0 0 14 First-time calls in Sindh 28 210 1,497 253 249 3 1 past 24 hrs ΚP 31 130 130 23 21 0 2 Cumulative no of 5,462 9,489 KPTD 21 0 0 0 0 2 0 Balochistan 47 698 805 81 81 0 0 first-time calls AJK 40 40 0 0 Follow-up calls in 266 354 220 30 30 GB 310 0 0 310 past 24 hrs Total 380 1.776 4,001 495 487 5 3 Cumulative 9.658 5.977 \* Data include test results of symptomatic and asymptomatic residents of ICT. follow-up calls Updates: Pakistan: Advised Self-1 1 During last 24 hours, 34 new cases confirmed by different laboratories, bringing the national Quarantine tally to 495 Global: **National Emergency Operation Centre** Total cases:275,427, Total Deaths: 11,397. **Helpline 1166 Summary** Total number of countries/regions affected: 166 NIH Preparedness and Response: **New Calls** 8,710 Contact tracing of confirmed cases being carried out by the RRTs. **Cumulative Calls** 65.602 Risk communication carried out among healthcare workers and affected communities during since 31st Jan. 2020 contact tracing. NIH laboratory is providing support to provinces and regions for testing. Risk Assessment: Current impact of the disease in Pakistan is: High **Provinces Preparedness and Response** Balochistan RRT Team conducted meeting with EOC Balochistan for active involvement of EOC Polio staff in Covid-19 Surveillance and nomination of District and Tehsil level COVID-19 focal points. Sindh Quarantine facility established by Sindh Government at Expo Centre, Karachi to cater 1,100 patients. **Punjab** Rs. 8 Billion released for COVID-19 operations. 19,000 patients' capacity buildings identified and ready for guarantine. KP & TD 30 people who have an international travel history have been put in guarantine in Malakand for screening purposes.

# **Risk Communication Message:**

AJK

GB

- Clean hands regularly with an alcohol-based hand rub, or wash thoroughly with soap.
- Clean surfaces regularly with recommended disinfectants (70% Ethyl Alcohol or 0.5% bleach solution).
- Avoid touching eyes, nose and mouth with contaminated hands.

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- Practice respiratory hygiene by coughing or sneezing into a bent elbow or tissue and then immediately dispose off.
- Wear a medical/surgical mask if you have respiratory symptoms and perform hand hygiene after disposing off of the mask.
- Maintain a minimum of mandatory one meter distance from individuals with respiratory symptoms.
- Healthcare workers are required to select and use appropriate PPE.

### **Administrative controls**

• Ensure the availability of IPC resources such as PPE, appropriate infrastructure, clear IPC policies, access to lab testing, triage and patient placement, adequate staff and training of the staff.

Isolation rooms/ wards for COVID-19 have been established at DHQ Hattian Bala, Nelum, Bagh, Havaili, Sudhnoti, Bhimber

Total 1150 PPE Kits, 24 thermo-guns and 1269 VTM, PCR Kits with testing capacity of 500 samples made available.

# **Environmental and engineering controls**

- Stay in ventilated rooms
- Clean the surfaces with recommended disinfectants.

## Social Behavior Change:

- Practice social distancing, particularly from individuals showing respiratory symptoms.
- Avoid mass gatherings like weddings, cinemas, crowded shopping malls and restaurants.
- Avoid gathering of more than 10-20 persons.