**Daily Situation Report – Pakistan**

**COVID-19**

**March 19, 2020**

<table>
<thead>
<tr>
<th>Province/Region</th>
<th>Suspected cases at hospitals</th>
<th>Lab Update</th>
<th>Hospital Update</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>New (last 24 hrs)</td>
<td>Cumulative</td>
<td>Cumulative</td>
</tr>
<tr>
<td>ICT</td>
<td>19</td>
<td>103</td>
<td>184*</td>
</tr>
<tr>
<td>Punjab</td>
<td>29</td>
<td>158</td>
<td>254</td>
</tr>
<tr>
<td>Sindh</td>
<td>22</td>
<td>173</td>
<td>908</td>
</tr>
<tr>
<td>KP</td>
<td>18</td>
<td>72</td>
<td>67</td>
</tr>
<tr>
<td>KPTD</td>
<td>1</td>
<td>7</td>
<td>0</td>
</tr>
<tr>
<td>Balochistan</td>
<td>Not received</td>
<td>134</td>
<td>637</td>
</tr>
<tr>
<td>AJK</td>
<td>35</td>
<td>64</td>
<td>90</td>
</tr>
<tr>
<td>GB</td>
<td>1</td>
<td>2</td>
<td>23</td>
</tr>
<tr>
<td>Total</td>
<td>126</td>
<td>734</td>
<td>1979</td>
</tr>
</tbody>
</table>

* Data include test results of symptomatic and asymptomatic residents of ICT.

**Updates: Pakistan:**
- During last 24 hours, total 61 new cases confirmed by different laboratories, bringing the national tally to 302

**Global:**
- Total cases: 218,631, Total Deaths: 8,809
- Total number of countries/regions affected: 157

**NIH Preparedness and Response:**
- Contact tracing of confirmed cases being carried out by the RRTs.
- Risk communication carried out among healthcare workers and affected communities during contact tracing.
- NIH laboratory is providing support to provinces and regions for testing.

**Risk Assessment:** Current impact of the disease in Pakistan is: High

**Provinces Preparedness and Response**
- **Balochistan:** Secretary Health called meeting of private hospital administrators and directed to implement strict IPC practices and establishment of isolation rooms.
- **Sindh:** Quarantine facility established by Sindh Government to cater 2024 individuals.
- **Punjab:** PM visit to DG Khan Quarantine facility.
- **KP & TD:** Contact tracing of all suspected and confirmed cases by District RRTs under the leadership of District Administration and District Health Officers.
- **AJK:** Contact tracing of confirmed case being carried out by District RRTs.
- **GB:** Contact tracing of confirmed cases being carried out by District RRTs.

**Risk Communication Message:**
- Clean hands regularly with an alcohol-based hand rub, or wash thoroughly with soap.
- Clean surfaces regularly with recommended disinfectants (70% Ethyl Alcohol or 0.5% bleach solution).
- Avoid touching eyes, nose and mouth with contaminated hands.
- Practice respiratory hygiene by coughing or sneezing into a bent elbow or tissue and then immediately dispose off.
- Wear a medical/surgical mask if you have respiratory symptoms and perform hand hygiene after disposing off of the mask.
- Maintain a minimum of one meter distance from individuals with respiratory symptoms.
- Healthcare workers are required to select and use appropriate PPE.

**Administrative controls**
- Ensure the availability of IPC resources such as PPE, appropriate infrastructure, clear IPC policies, access to lab testing, triage and patient placement, adequate staff and training of staff.

**Environmental and engineering controls**
- Reduce the spread of pathogens and reducing the contamination of surfaces and inanimate objects.

**Social Behavior Change:**
- Practice social distancing, particularly from individuals showing respiratory symptoms.
- Avoid mass gatherings like weddings, cinemas, crowded shopping malls and restaurants.
- Avoid gathering of more than 10-20 persons.

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All relevant guidelines, SOPs and dashboard information are available at NIH website: [https://www.nih.org.pk](https://www.nih.org.pk)

For emergency Contact/information: 1166